



4th European Symposium on Substance Use and Abuse among Students

ESSUS 2014

Leibniz Institute for Prevention Research and Epidemiology – BIPS, Room 1.550

Thursday June 26th	
8.30-9.00	Registration & Coffee
9.00-9.10	Welcome (Representative of the University of Bremen; Hajo Zeeb)
9.10-12.00	Session 1: Substance use among students: Prevalence rates of licit, illicit and new psychoactive substances & predictors of substance use Chair: Claudia R. Pischke
9.10-9.30	Drug use among Flemish students: report from an 8-year survey study – Van Wel, J.H.P., Belgium
9.30-9.50	Medicine use with performance preservation in mind – A study at a German university. – Wörfel, F., Germany
9.50-10.00	Break
10.00-10.20	Alcohol consumption among university students: A Sino-German comparison demonstrates a much lower consumption of alcohol in Chinese students. – Chu, J., China
10.20-10.40	Prevalence of harmful alcohol consumption among university students across 7 European countries. Relationship between selected mental health, personality factors and alcohol related problems. – Sebena, R., Slovak Republic
10.40-11.00	Personality traits explaining drinking motives in university students: a multilevel approach. – van Damme, J., Belgium
11.00-11.20	Predictors of illicit drug use among university students in the United Kingdom. – Vallentin-Holbech, L., United Kingdom

11.20-11.40	Understanding mental stress level and risk compartments among university students in three different socio-cultural contexts. A study in Algeria, France and Hungary, 2011-2013. – Ladner, J., France
11.40-12.00	Living status and risky/harmful drinking: results from the Flemish student survey 2013. – Rosiers, J., Van Hal, G., Belgium
12.00-13.00	Lunch Break
13.00-13.45	Keynote: The social norms approach to student substance abuse prevention: Successful intervention practices and current research issues. David Foxcroft, Oxford Brookes University, Oxford, United Kingdom
13.45-14.30	Session 2.1: Assessment and intervention methods in substance use research Chair: Rafael Mikolajczyk
13.45-14.05	Recruiting students for an online study about substance abuse (INSIST) – which methods work? – Borczykowski, A. , Germany
14.05-14.25	Measuring rates of peer substance use: Results of a focus group with German university students. – Pöttgen, S., Germany
14.25-14.45	Break
14.45-16.45	Session 2.2: Assessment & intervention methods in substance use research Chair: Rafael Mikolajczyk
14.45-15.05	Students´ perception of campus alcohol policies: A focus group study. – Larsen, E.L., Denmark
15.05-15.25	Dental and medical student perceptions of alcohol as part of university life: An investigation using Q-Methodology. – Yule, R.M., United Kingdom
15.25-16.45	Discussion
18.00-	Optional: Bremen city tour & dinner

Friday June 27th	
9.00-9.10	Welcome (Guido Van Hal, University of Antwerp, ESSUS Founder and Committee Chair)
9.10-12.00	Session 3: E-Health intervention targeting students' substance use Chair: Christiane Stock
9.10-9.30	Adaptation of a web-based intervention and conception of peer counseling to reduce problem drinking in German students: using results from focus groups and preliminary findings from an ongoing RCT.– Heidenreich, T., Germany
9.30-9.50	Prevention of student substance abuse by designing and implementing a student focused intervention website. – Bräker, A., Germany
9.50-10.10	Problem patterns in drug using and drug free university students. – Van der Heijde, C.M., Netherlands
10.10-10.30	Break
10.30-10.50	Using web-based social normative feedback for alcohol use in university students: Review of the literature and discussion of challenges and threats for future interventions. – Dempsey, R., United Kingdom
10.50-11.30	A feasibility study of online social norms feedback to reduce alcohol and drug use in university students: Project SNIPE ('Social Norms for the prevention of Polydrug use'). – Pischke, C.R., Germany; McAlaney, J., United Kingdom; Bewick, B., United Kingdom
11.30-11.50	Development of an internet-based social norms intervention for the prevention of substance use in German university students: The INSIST (INternet-based Social norms Intervention for the prevention of substance use among STudents) study. – Helmer, S., Germany
11:50-12:00	Discussion
12.00-13.00	Lunch Break

13.00-13.45	<p>Keynote: Preventing student alcohol misuse: Are social norms approaches a reliable option for policy and practice?</p> <p>H. Wesley Perkins, Hobart and William Smith Colleges, New York, United States of America</p>
13.45-14.25	<p>Session 4.1: Open session Chair: John McAlaney</p>
13.45-14.05	Perceived norms in frequency of alcohol use and heavy drinking occasions in German students. – Steinmann, A., Germany
14.05-14.25	Binge drinking and profile of alcohol consumers among students in higher education in France. – Tavalacci, M.P., France
14.25-14.45	Break
14.45-15.45	<p>Session 4.2: Open session Chair: John McAlaney</p>
14:45-15.05	Studying abroad: Health at risk for international students? Van der Heijde, C.M., Netherlands
15.05-15.25	Are smoking behaviours of Czech university students related to neighbourhood correlates and physical activity? – Salonna, F., Czech Republic
15.25-15.45	Impact Assessment of a multi-site social norms intervention targeting student-athlete high risk drinking. – Perkins, H.W., United States of America
15.45-16.00	Close (ESSUS committee)