# **Contact and organization**

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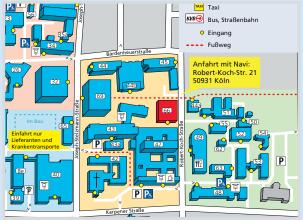
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# **Participation free**

# Lageplan







# **SYMPOSIUM**

# **From Ageing to Geriatrics**



Friday, February 19<sup>th</sup> 2016, 9 am to 1.30 pm

Center for Molecular Medicine (CMMC) of the University Hospital of Cologne

# Dear Colleagues,

it is with outmost pleasure that we announce the Symposium "From Ageing to Geriatrics" which will be held in Cologne at the Center for Molecular Medicine (CMMC) of the University Hospital of Cologne.

During the most impressive demographic change in the human history, researchers and health care practitioners face the unique challenge of urgently miniaturizing the gap between aging science and the management and care of elderly, multimorbid, vulnerable patients.

The implications for public health are enormous. These span from

- targeted transmission of unravelled pathophysiological mechanism of age-related organ dysfunction to geriatricians, to
- feedback from geriatricians to improve clinical study design, to
- ethics of clinical decision making in advanced age, to
- socioeconomic burden associated with the lack of effective multidisciplinarity and integrated care.

Over the Symposium "From Ageing to Geriatrics" renown experts in these fields will touch base with the arduous call for bridging "bench" to "behaviour" in advanced age with the ultimate scope of opening a door on new perspectives and implement networking for the prioritized patient need. Speakers will include, among others,

- Professor Alberto Pilotto, Director of the Frailty area of the Galliera Hospitals, Genua and PI of the EU study MPI\_Age (www.mpiage.eu);
- Professor Alfonso J. Cruz Jentoft, Director of the Geriatrics Department of the University Hospital Ramón y Cajal, Madrid; and
- Professor Anna-Karin Welmer, from the Department of Neurobiology, Care Sciences and Society of the Aging Research Center at Karolinska Institute, Stockholm.

We are looking forward to welcome you in Cologne for this unique opportunity to translationally and transnationally share knowledge on aging research and geriatric care,

M. Cristina Polidori and Thomas Benzing

#### **Scientific Program**

### 9.00 Welcome, Prof. Thomas Benzing,

Vice Dean of the Faculty, CECAD EB member and Chairman of the Department II of Internal Medicine, University Hospital of Cologne Professor Dr. Dr. M. Cristina Polidori, Head Ageing Clinical Research, Dpt. II Internal Medicine, University Hospital of Cologne

#### 9.15 am - Session I

Bridging the gap between senescence and age-related disease

# Chairman: Professor Stefania Maggi

President of the European Geriatric Medicine Society (www.eugms.org)

#### 9.15-9.30 Roman Müller, MD

Department II of Internal Medicine, University Hospital of Cologne Aging - from long-lived model organisms to organ protection

# 9.30-9.45 Valentin Goede, MD

Geriatrics Department of the St.Marien-Hospital, Cologne and Department I of Internal Medicine, University Hospital of Cologne From molecular biology of lymphoma to lymphoma treatment in the aged

#### 9.45-10 Paul Brinkkötter, MD

Department II of Internal Medicine, University Hospital of Cologne Chronic kidney disease: from renal aging to disease and when to treat your patient

#### 10-10.15 M. Cristina Polidori, MD PhD FRCP

Aging Clinical Research Department II of Internal Medicine, University Hospital of Cologne From aging brain to the vascular comorbidities of dementia

#### Coffee break

#### 10.45 am - Session II

Multidimensional and personalized medicine of the aged

#### **Chairman: Professor Alberto Pilotto**

PI of the EU MPI\_Age Study (www.mpiage.eu)

# 10.45 -11.15 Professor Alberto Pilotto, MD

Director, Dpt. Orthogeriatrics, Rehabilitation and Stabilization, Frailty area, E.O. Galliera Hospitals, Genua Multidimensional assessment and management: the cornerstone of geriatric medicine

#### 11.15-11.45 Professor Alfonso J. Cruz - Jentoft

Director, Servicio de Geriatría, Hospital Universitario Ramón y Cajal Madrid Integrated geriatric care in acute hospitals

#### 11.45-12 Prof. Anna-Karin Welmer, PhD

Department of Neurobiology,
Care Sciences and Society | Karolinska Institutet,
Aging Research Center Stockholm
Multidimensional Prognostic Index in association with
future mortality and number of Hospital days in a
population-based sample of older adults

## 12-12.15 Dr. Janet Sultana, B. Pharm., M.Sc.

Researcher, Dpt. Clinical and Experimental Medicine, University of Messina

MPI\_Age: multidimensional indicators for geriatric mortality prediction in two UK mationwide healthcare databases

#### 12.15-12.30 Dr. Julia Daragiati, PhD

Clinical Research Coordinator and Data Manager of the University of Padua State-of-the-art of the MPI\_Age: WP6, a mono/multicentric clinical Research Management

## 12.30-1.30 M. Cristina Polidori, MD PhD FRCP

Conclusive Remarks

Lunch and exchange with the experts