

Speakers

Gerald Berenson

Clinical Professor of Medicine, Section of Cardiology
 Clinical Professor of Pediatrics, Section of Pediatric Cardiology
 Research Professor of Epidemiology
 Director of the Center for Cardiovascular Health
 Tulane University
 New Orleans, USA

Eero Jokinen

Head of the Division of Pediatric Cardiology and Pediatrics
 Helsinki University Children's Hospital
 Helsinki, Finland

James R. Morrow

Regents Professor, Department of Kinesiology, Health Promotion and Recreation
 University of North Texas
 Denton, USA

Deanna M. Hoelscher

John P. McGovern Professor in Health Promotion
 Director of the Michael & Susan Dell Center for Healthy Living
 University of Texas School of Public Health Austin Regional Campus
 Austin, TX, USA

Vera Regitz-Zagrosek

Director, Institute for Gender in Medicine (GiM)
 Center for Cardiovascular Research (CCR)
 Charité, Universitätsmedizin Berlin
 Berlin, Germany

Thomas Meinertz

Chairman German Heart Foundation
 Center for Cardiology and Cardiovascular Surgery
 Hamburg, Germany

Robert Dalla Pozza

Pediatric cardiologist, Department Pediatric Cardiology
 Klinikum der Universität München (LMU)
 Munich, Germany

Stefan Engelhardt

Professor, Director of the Institute of Pharmacology and Toxicology
 Technische Universität München
 Munich, Germany

Martin Halle

Director of the Department of Prevention, Rehabilitation und Sports Medicine
 Internist, Cardiologist, Sports Medicine Specialist
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Attendance fees:

20 € / day, to be payed on the day of attendance
 Limited access to the workshops on Thursday
 Registration requested until August 22nd 2011
 Includes participation and refreshments during the breaks

Venue: German Heart Centre Munich



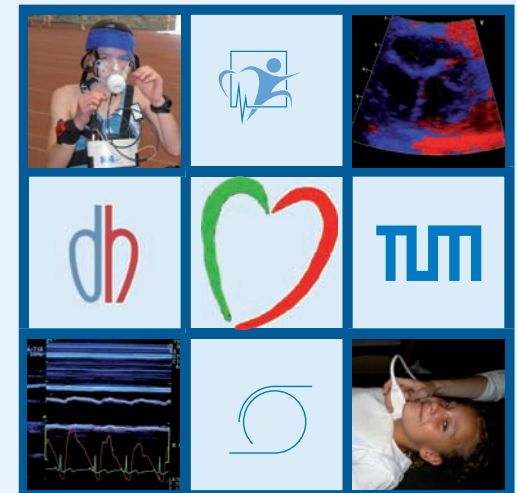
Map German Heart Centre, Lazarettstr. 36, 80636 Munich



Symposium

Cardiovascular Prevention in Childhood - New insights -

September 28th to 29th 2011



Introduction

Heart disease is the number one cause of death in western countries. The best way to beat it, is to prevent it.

However, heart disease might already be present in children and adolescents with obesity, hypertension, diabetes, oncologic or renal disease and in small for gestational age babies.

Therefore, cardiovascular prevention has to start in early childhood or even earlier in intrauterine life. Preventional programmes (e. g. „kidsTUMove“ at Technische Universität München) must fight against unhealthy life style, which has been identified as the most important risk factor of arteriosclerosis.

World heart day at September 29th 2011, is the ideal occasion to present and discuss the present knowledge of cardiovascular prevention in childhood and to propose collaborative scientific work on it.

We are very pleased to welcome some famous international speakers to this 1st Munich meeting on preventive pediatric cardiology and heartily invite you to participate.

Moreover, start up means the opening of our outpatient clinic of preventive pediatric cardiology. Based on the initiative of the Chair of Sport and Health Promotion at the Faculty of Sport and Health Science, Technische Universität München, it represents a joint venture together with the Clinic of Congenital Heart Disease and Pediatric Cardiology at the German Heart Centre Munich. We will provide an integrated, family-centered approach to caring for children and adolescents at risk for developing heart and blood vessel diseases.

Come and join us!

Renate Oberhoffer

Head
Chair of Sport and Health Promotion
Faculty of Sport and Health Science
Technische Universität München

John Hess

Head
Clinic of Pediatric Cardiology
and Congenital Heart Disease
German Heart Centre, Clinic at the
Technische Universität München

Programme Wednesday, September 28th

14:00-14:30

Welcome at the German Heart Centre
John Hess

Introduction:

Cardiovascular prevention in childhood
Renate Oberhoffer

The perspective of the German Heart Foundation
Thomas Meinertz

Chair: Renate Oberhoffer

14:30-15:15

What we have learned from the Bogalusa
Heart Study
Gerald Berenson

15:15-16:00

What we have learned from the young
Finns Heart study and from the STRIP project
Eero Jokinen

16:00-16:30

Coffee Break

Chair: Eero Jokinen

16:30-17:15

New insights in fitness of youth and its
relation to cardiovascular health
James R. Morrow

17:15-18:00

CATCHing Children Early: The role of school-
based health promotion on cardiovascular
disease and obesity prevention
Deanna Hoelscher

18:00-19:00

Come together

Programme Thursday, September 29th

Workshops - Round tables with speakers

Chair: Vera Regitz-Zagrosek, Stefan Engelhardt

9:30-11:00

Workshop 1

Basic research and gender aspects

11:00-11:30

Coffee Break

Chair: John Hess, Robert Dalla Pozza

11:30-13:00

Workshop 2

Invasive and non invasive biomarkers

13:00-14:00

Lunch

Chair: Martin Halle, Renate Oberhoffer

14:00-15:30

Workshop 3

Generation of family based preventional
programmes

16:00-16:30

Closing remarks