

## ORGANIZATION

Prof. Dr. F. J. Schweigert

Institute of Nutritional Science  
University of Potsdam  
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Organized under the patronage of the  
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Dirk Niebel.

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**DAAD**



Bundesministerium für  
wirtschaftliche Zusammenarbeit  
und Entwicklung

## APPLICATION

All alumni of a German University involved in  
nutritional topics are invited to apply for  
participation in the "Summer School of  
International Nutrition".

The application should include:

- letter of motivation
- curriculum vitae
- personal profile form which can be found on  
[www.internationalnutrition.eu](http://www.internationalnutrition.eu)

**Application Deadline: 10 June 2012**

## CONTACT DETAILS

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## Double Burden of Malnutrition

*Summer School of  
International Nutrition*



20 - 28 September 2012  
Potsdam, Germany

## BACKGROUND

Malnutrition is one of the most important constraints to achieve the Millennium Developmental Goals (MDG) since good health, cognitive development, and productivity cannot be attained without a balanced nutrition. Good nutrition makes an essential contribution to the fight of poverty – it promotes and protects health, reduces mortality especially among children and mothers, and enables children to benefit from school.

An increasing number of developing countries must shoulder a “double burden” of malnutrition. The double burden of malnutrition describes the persistence of undernutrition, especially among children, along with a rapid rise of overnutrition and diseases such as diabetes, hypertension, and coronary heart disease in developing countries. Given current economic and social trends, observed changes in dietary patterns are likely to continue and – combined with changes in lifestyle, particularly the decrease in physical activity – will exacerbate emerging problems of overnutrition and diet-related chronic diseases in developing countries.

## TOPICS

The challenge for professionals involved in nutritional research and program development is to face this double burden of malnutrition. To this end, the Institute of Nutritional Science at the University of Potsdam will organize a “Summer School of International Nutrition”, which will focus on:

- **PREVENTION AND COMMUNICATION**
- **DIAGNOSTICS AND MICRONUTRIENT ASSESSMENT**
- **INTERVENTION AND TREATMENT**

The interdisciplinary event aims not only to advocate evidence based approaches, but also to reveal the consequences of ignoring the crisis and to integrate all sectors of society.

The participants will be offered incentive talks given by numerous experts followed by interactive workshops, which will be focused on setting the scene, filling the knowledge gap and finally approaching the problem of hunger and diet-related chronic diseases in developing countries.

## PARTICIPANTS

The “Summer School of International Nutrition” targets German University alumni from developing countries who are professionally involved in nutrition and interested in exchanging ideas, problem concepts and country specific approaches in the framework of rural or urban, public or private sector development, and who are working for academic or educational institutions, development organizations, NGOs, donor agencies or private enterprises.

Participants should be potentially multipliers in a position to spread acquired knowledge and experience and/or take decisions on implementation.

## PARTICIPATION FEE

Alumni of a German University are eligible for financial support for participation, travel and lodging.

