

Deutsches Zentrum für Altersfragen  
*Alternswissenschaftliche und alternspolitische Vortragsreihe*

**Prof. Dr. Yael Benyamini**

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**“What can we learn from what people say about their health?”**

**A psychologist’s view of an empirical finding”**

Datum: Donnerstag, 23.06.2011

Uhrzeit: 17:30 (s.t.)

Ort: Deutsches Zentrum für Altersfragen

Subjective perceptions of health, typically called self-rated health, have been found to correlate with many other measures of health status. Changes in these perceptions coincide with changes in other health measures, suggesting that even though they are overall quite stable, they also capture the dynamic nature of health. Though this seems somewhat paradoxical, the most intriguing finding is that self-rated health predicts mortality and future morbidity: It has an independent contribution to the prediction of future health, even after controlling for a variety of other known predictors of mortality. This finding has inspired extensive research aimed at understanding the nature of self-ratings of health and the reasons for their validity. In this talk, I will review the literature on the nature of self-rated health and its predictive power, the existing explanations for this power and the state-of-the-art evidence for these explanations. Finally, I will discuss the limitations to the validity of self-rated health and the conclusions regarding its uses and misuses in research and practice in gerontology.

Die Veranstaltung findet im DZA statt:

Deutsches Zentrum für Altersfragen (DZA)  
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Öffentlicher Nahverkehr: U-Bahnlinie U6, Haltestelle "Platz der Luftbrücke" (Flughafen Tempelhof), Buslinien 104 und 248.

Interessierte können ohne vorherige Anmeldung teilnehmen. Wir laden Sie zu dem Vortrag herzlich ein!

Heribert Engstler, M.A.  
PD Dr. Andreas Motel-Klingebiel  
Prof. Dr. Clemens Tesch-Römer

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